

**YOU BELONG AT THE**



September 26, 2019 - 26 Elul 5779

As we [prepare to welcome 5780](#) and celebrate a successful 5779, we thank you for all you have done to enrich our community over the past year!

Our effort will always be to continually progress and mature as an organization and as a community; each year, we will have work to do to reflect, repair, and recommit. We always appreciate your feedback and suggestions for change and innovation that help us grow and improve! So many people care about and are committed to Jewish community in Southern Maine, throughout the state, and around the world.

Through challenges and celebrations, our experiences over the past year have strengthened bonds between organizations and individuals, and we look forward to further collaboration, sharing, and connections in the year to come. We have some wonderful activities in October, and hope to see you soon at the J.

Wishing you a joyful celebration of Rosh Hashanah, and Shana tova umetuka (a good and sweet year).

L'shalom,

Molly Curren Rowles  
Executive Director

**Dip Your Apple** - enjoy this fun Rosh Hashana song from the Ein Prat Fountainheads:  
<https://www.youtube.com/watch?v=FlcxEDy-lr0>

## UPCOMING EVENTS

### [Jonah and the Whale Live!](#)

**Sunday, October 6**  
**3:00-5:00 PM**  
**JCA - 1342 Congress Street, Portland**

Suggested admission - \$10 per family



Join us and our friends from the Children's Museum & Theatre of Maine as we gather in the belly of the whale! Hear the story of Istar, a humpback whale who lived in the Atlantic Ocean and have the opportunity to go inside an inflatable 45-foot, life-size humpback whale.

Please register to attend by [CLICKING HERE](#).

[Culinary Historian Michael Twitty discusses Kosher/Soul](#)



**Sunday, October 27th, 6:30 PM  
USM Hannaford Hall - Abromson Community Education Center, 88 Bedford St, Portland**

Admission: \$10 – JCA members, \$12 – general public  
Free for students with a valid ID.

[Register by clicking here](#)

Culinary historian Michael Twitty is the James Beard award winning author of *The Cooking Gene – A Journey Through African American Culinary History in the Old South*. Kosher/Soul explores what Michael has termed “identity cooking” in both Jewish and African American culture. Identity cooking isn’t about fusion; rather it’s how we construct complex identities and then express them through how we eat.

*Presented by the JCA with funding from the Maine Humanities Council and with generous support from the Sam L. Cohen Foundation. Co-sponsored by the University of Southern Maine Dean of Students Office.*

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### [Community Giving Day](#)

*Co-sponsored by Congregation Bet Ha'am, Temple Beth El, Michael Klahr Jewish Family Services and PJ Library*



**Sunday, October 20**

**10:00AM - 12:00 PM**

**Congregation Bet Ha'am – 81 Westbrook Street, South Portland**

Kindness matters! Gather with us as a community to learn from and do activities with local organizations that help people experiencing poverty, homelessness and food insecurity.

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### **SHALOM MAINE - A COMMUNITY COLLABORATION FOR ADULT JEWISH LEARNING**



Register now for Shalom Maine adult education courses this Fall! Full class listings and descriptions available at [WWW.SHALOMME.COM](http://WWW.SHALOMME.COM) or call (207) 772-1959 for more information.

**Advanced registration required.** Courses are offered with a suggested tuition and are subject to change or cancellation pending minimum enrollment.

- [American Jewish History](#) – starts Wednesday, Oct. 16
- [Jews, Baseball, & Social Justice](#) – starts Wednesday, Oct. 16
- [Teaching Jewish Values Through Film](#) – starts Thursday, Oct. 17



## JCA ADULT EDUCATION



### Jewish Values and the Israeli-Palestinian Conflict, Part II With Melanie Weiss

An *iEngage* course developed by the [Shalom Hartman Institute](#)

Tuesdays: Oct. 29; Nov. 5, 12, 19, 26; Dec. 3

6:00 PM - 8:00 PM

JCA - 1342 Congress St., Portland

Suggested tuition: \$18 for the course

Advanced registration required. Please note that

enrollment will be limited to 24 students.

*Jewish Values and the Israeli Palestinian Conflict (Part II)*, six sessions of a 12-session course developed by the Shalom Hartman Institute, explores one of the most divisive issues affecting the Jewish people today.

Through the study of Jewish narratives about Israel and the unpacking of the complex meanings of peace in Jewish tradition, participants are invited to explore the ideas and values that animate different attitudes toward the conflict and how these values shape their own political understandings. Though a common political platform may not be attainable, this course strives to achieve a shared respect for our differences.

The class will be facilitated by Melanie Weiss - Director of Summer Programs, The Center for Small Town Jewish Life and Director of Education, Beth Israel Congregation - Waterville, and includes readings, group discussion and video clips of lectures and interviews of prominent thinkers, scholars and public figures.

**Advanced registration required.** Finances should not be a barrier to participation. Please contact Deena at [dschoenfeld@mainejewish.org](mailto:dschoenfeld@mainejewish.org) or 772-1959 to inquire about subsidized or free tuition.

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## CLUBS, GROUPS, AND GATHERINGS

### Make Your Own Apple Jam!

with Instructor Sheri Fistal, Cooperative Extension Master Preserver

**Wednesday, October 2**

**1:00 - 3:00 PM**

**JCA - 1342 Congress Street, Portland**

Ever wonder how to preserve all those great fruits and vegetables you grow or purchase? Vegetables and fruits begin to deteriorate soon after harvesting or buying. Learn how to preserve them safely so you can enjoy them all year

round. This will be a hands on class and you will be able to take home what we make and enjoy with your family.

*Pre-Registration Required – RSVP to Karli at  
kefron@mainejewish.org by Friday, Sept. 27*

**\$10 per participant (Finances should not be a barrier to participation – please contact Karli at  
kefron@mainejewish.org)**



### Don't Talk About The Baby

*A documentary screening and panel discussion presented by KJFS*

**Thursday, October 3, 6:00 PM  
JCA - 1342 Congress Street, Portland**

Too many people suffer in silence when struggling through fertility issues or suffering a pregnancy loss. Several cultural and community influences often pressure a man or woman to keep their experiences to themselves, and this contributes to a massive culture of secrecy surrounding these extremely prevalent issues.

This documentary explores how we got to this culture of silence and what we need to do to get away from it. Through expert interviews and personal stories, this film empowers people to tell their stories in their own communities, and start conversations that will change how we talk about loss and infertility.

A panel discussion featuring field professionals & families will be held after the screening. Suggested \$5 donation at the door. All are welcome!

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### Beginner Mah Jongg Classes

With Judi Slotsky

**Fridays, 9:30 - 11:00 AM:**

**Oct. 11, 18, 25; Nov. 1, 8, 15**

\$40 - JCA members, \$50 - general public

JCA - 1342 Congress St., Portland

**PLEASE REGISTER IN ADVANCE by clicking here** or  
calling (207) 772-1959

Have you always wanted to learn how to play Mah Jongg?  
Now is your chance! Join instructor Judi Slotsky for this  
beginners-level course.



Students are also invited to attend our regular open Mah Jongg play sessions on Wednesdays and Fridays free of charge while taking the course.



Jewish Community Alliance | (207) 772-1959, 1342 Congress Street, Portland, ME 04102

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